

Press Release

RLJ Lodging Trust Sets Dates for Second Quarter 2023 Earnings Release and Conference Call

Bethesda, MD, June 16, 2023 – RLJ Lodging Trust (the “Company”) (NYSE: RLJ) today announced it will report financial results for the second quarter ended June 30, 2023, after the markets close on August 3, 2023. The Company will also host a conference call on August 4, 2023, at 10:00 a.m. (Eastern Time).

The Company recommends that you dial in approximately 10 minutes before the call. The conference call can be accessed by dialing (877) 407-3982 or (201) 493-6780 for international participants and requesting RLJ Lodging Trust’s second quarter earnings conference call.

A replay of the call will be available from 1:00 p.m. (Eastern Time) on August 4, 2023, until midnight (Eastern Time) on August 18, 2023. The replay can be accessed by dialing (844) 512-2921 or (412) 317-6671 for international callers and entering pin number 13739456.

A live webcast of the conference call will also be available online at the Company’s website, <http://www.rljlodgingtrust.com>. A replay of the webcast will be archived and available online through the Company’s *Investor Relations* section.

About Us

RLJ Lodging Trust is a self-advised, publicly traded real estate investment trust that owns primarily premium-branded, high-margin, focused-service and compact full-service hotels. The Company's portfolio currently consists of 96 hotels with approximately 21,200 rooms, located in 23 states and the District of Columbia and an ownership interest in one unconsolidated hotel with 171 rooms.

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For additional information or to receive press releases via email, please visit our website:

<http://www.rljlodgingtrust.com>