FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | |
| Estimated average burden | | | | | | | | |

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| | | | | | | | () | | | | | | | | | | | | | |
|---|---|--|---|-------------------|--|--|----------|-----------------|---|----------|--|--|-----------------|---|---|----------------------------|--|---|--|---------------------------------------|
| Name and Address of Reporting Person* | | | | | | 2. Issuer Name and Ticker or Trading Symbol RLJ Lodging Trust [RLJ] | | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | | |
| Bierkan Ross H. | | | | | The roughing trust [KL3] | | | | | | | | | | Direc | tor | | 10% C | wner | |
| | | | | | | | | | | | | | _ | | Officer (give title below) | | | Other (specify below) | | |
| (Last) (First) (Middle) | | | | | | 3. Date of Earliest Transaction (Month/Day/Year) | | | | | | | | | | Chief Investment Officer | | | | |
| C/O RLJ LODGING TRUST | | | | | 03/ | 03/02/2016 | | | | | | | | | | | mer mves | uncn | Officer | |
| 3 BETHESDA METRO CENTER, SUITE 1000 | | | | | | | | | | | | | | | | | | | | |
| 5 BETTIEDDIT METRO CENTER, OCTIE 1000 | | | | Δ If | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | 6. Individual or Joint/Group Filing (Check Applicable | | | | | | |
| | | | | | 4. II Amendment, Date of Original Fliet (Month/Ddy/Teal) | | | | | | | | | | Line) | | | | | |
| (Street) | | _ | | | | | | | | | | | | | X | Form | n filed by One | e Repo | rting Pers | on |
| BETHES | SDA M | .D 2 | 20814 | | | | | | | | | | | | Form filed by More than One Reporting | | | | | |
| | | | | | | | | | | | | | | | | Pers | | ic tilaii | One rep | orang |
| (City) | (S | tate) (| Zip) | | | | | | | | | | | | | | | | | |
| | | Tabl | le I - Non | n-Deriv | ative | Se | curitie | s Acc | quired, | Dis | posed o | of, o | r Ben | efici | ally O | wne | ed | | | |
| 1 Title of C | Saarreiter (Ima | h. 2) | | 2. Transa | action | \neg | 2A. Deen | 20d | 3. | | 4 Coouris | tion A | \ oquirod | (A) or | | Λmc | ount of | 6 04 | norobin | 7. Nature |
| Date | | | | th/Day/Year) if | | Execution Date, if any (Month/Day/Year) | | Transaction Dis | | Disposed | Securities Acquired (A) sposed Of (D) (Instr. 3, | | | nd S | 5. Amount of Securities Beneficially Owned Following | | Form: (D) or | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | of Indirect Beneficial Ownership | |
| | | | | | | | | | H | | | (A) or | | | 1 - | Reported Transaction(s) | | | | (Instr. 4) |
| | | | | | | | | | Code | V | Amount | | (A) (I) (D) | Price | | | 3 and 4) | | | |
| Common | Common Shares 03/02/ | | | | | 5 | | | | | 894(1) |) | D \$21 | | 72 582,830 | | | D | | |
| | | Ta | able II - D | Derivat | ive S | есь | ırities | Acau | ired. D | ispo | sed of. | or E | Benefi | iciall | v Owi | ned | | | | |
| | | | | | | | | | | | onvertib | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deeme Execution if any (Month/Da | Date, Transaction | | | | | 6. Date Exercisa Expiration Date (Month/Day/Yea | | e | 7. Title and Amount of Securities Underlying Derivative Security (Instrand 4) | | | 8. Pric Deriva Securi (Instr. | vative urity | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4) | Ownershi Form: Direct (D) or Indirec (I) (Instr. 4 | wnership orm: rect (D) Indirect | Beneficial Ownership (Instr. 4) |
| | | | | | Code | v | (A) | (D) | Date Exercisa | | Expiration Date | Title | or Nui of | ount mber ares | | | | | | |

Explanation of Responses:

1. Reflects common shares surrendered to the Issuer to satisfy tax withholding obligations in connection with the vesting of restricted common shares.

Remarks:

/s/ Anita Cooke Wells, Attorney-in-Fact 03/04/2016

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.