

Press Release

RLJ Lodging Trust Announces First Quarter 2026 Earnings Release and Conference Call Dates

Bethesda, MD, April 1, 2026 – RLJ Lodging Trust (the “Company”) (NYSE: RLJ) today announced it will report financial results for the first quarter ended March 31, 2026, before the markets open on May 4, 2026. The Company will also host a conference call on May 4, 2026, at 11:00 a.m. (Eastern Time).

The Company recommends that you dial in approximately 10 minutes before the call. The conference call can be accessed by dialing (877) 407-3982 or (201) 493-6780 for international participants and requesting RLJ Lodging Trust’s first quarter earnings conference call.

A replay of the call will be available from 3:00 p.m. (Eastern Time) on May 4, 2026, until midnight (Eastern Time) on May 18, 2026. The replay can be accessed by dialing (844) 512-2921 or (412) 317-6671 for international callers and entering pin number 13759255.

A live webcast of the conference call will also be available online at the Company’s website, <http://www.rljlodgingtrust.com>. A replay of the webcast will be archived and available online through the Company’s *Investor Relations* section.

About Us

RLJ Lodging Trust is a self-advised, publicly traded real estate investment trust that owns primarily premium-branded, high-margin, focused-service and compact full-service hotels.

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For additional information or to receive press releases via email, please visit our website:

<http://www.rljlodgingtrust.com>