FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* McNeal Glenda G					2. Issuer Name and Ticker or Trading Symbol RLJ Lodging Trust [RLJ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
						-0	<u> </u>						X	Direc	tor		10% O	wner
(Last) (First) (Middle) C/O RLJ LODGING TRUST						3. Date of Earliest Transaction (Month/Day/Year) 04/30/2021											Other (below)	specify
3 BETHESDA METRO CENTER, SUITE 1000					4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable						
													X Form filed by One Reporting Person					on
SDA M	D 2	0814														re than	n One Rep	orting
(S	tate) (Z	Zip)																
	Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	3enefi	icially	/ Own	ed			
Date				Execution Date,						4 and Securi Benefi Owned		ties cially I Following	Form (D) or	Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	v	Amount	(A) (D)	or _{Pri}	ice	Transa	ction(s)			(IIISUI 4)
Common Stock 04/30/2					.021			A		6,815 ⁽¹⁾	1) A \$		16.14	4 60,081			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year)		Code (8)	Transaction of Code (Instr. 8) Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		vative crities crired r osed) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable Expiration Date		Amoun or Numbe of		Dei See (Ins	Derivative Security (Instr. 5) derivati Securiti Benefic Owned Followin Reporte Transac		y [0	Ownership Form: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
	SDA M (Since the state of the	(First) (NU LODGING TRUST ESDA METRO CENTER, SESDA MD 2 (State) (ZESDA METRO CENTER, SESDA MD 2 (State) (ZESDA MD 2 (STATE MD	(First) (Middle) J LODGING TRUST ESDA METRO CENTER, SUITE SDA MD 20814 (State) (Zip) Table I - No Security (Instr. 3) 1 Stock Table II - Conversion or Exercise Price of Derivative (Month/Day/Year) (Month/Day/Year)	(First) (Middle) J LODGING TRUST ESDA METRO CENTER, SUITE 1000 SDA MD 20814 (State) (Zip) Table I - Non-Derivation (Month/Da) 1 Stock 2. Transaction Date (Month/Da) Conversion or Exercise Price of Derivative Price of Derivative (Month/Day/Year) 2. (Month/Day/Year) 3. Transaction Date (Month/Day/Year)	(First) (Middle) J LODGING TRUST SESDA METRO CENTER, SUITE 1000 Table I - Non-Derivative Security (Instr. 3) 2. 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Explanation of Responses:

1. These restricted shares, vesting ratably on the first four quarterly anniversaries of the date of grant, were granted to the reporting person pursuant to the RLJ Lodging Trust 2015 Equity Incentive Plan.

Remarks:

/s/ Anita Cooke Wells, Attorney-in-Fact

05/04/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.