FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Hale Leslie D.						2. Issuer Name and Ticker or Trading Symbol RLJ Lodging Trust [ RLJ ]									ck all app Direc	or 10% Owner		wner	
	(Last) (First) (Middle) C/O RLJ LODGING TRUST 3 BETHESDA METRO CENTER, SUITE 1000							3. Date of Earliest Transaction (Month/Day/Year) 04/30/2021									Other (specify below)		specify
(Street) BETHES (City)	4. If <i>F</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable ne)  X Form filed by One Reporting Person Form filed by More than One Reporting Person								
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day					Execut y/Year) if any		Deemed cution Date, y nth/Day/Year)		3. 4. Securitic Disposed (Code (Instr. 8)					5. Amo Securit Benefic Owned	ties cially Following	Form:	Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Code	v	Amount	(A) (D)	or F	rice	Transa	ction(s) 3 and 4)		[	(		
Common	2021				A		7,997(1)	A	. ;	\$16.14	4 589,878			D					
Common Shares 04/30/2						2021					1,932(2)	D	, ;	16.37	587,946			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ive Conversion Date Execution Date, or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		Str.	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)	y C F O (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code V		(A)	(D)	Date Exercisable		Expiration Date	Amount or Number of Title Shares		ber					

## **Explanation of Responses:**

- 1. These securities were issued to the reporting person pursuant to the RLJ Lodging Trust 2015 Equity Incentive Plan, which provided for the conversion of performance units to a number of restricted common shares based on the Issuer's performance over a designated three-year performance period. 50% of the restricted common shares vested on the date of issuance, with the remaining 50% vesting on February 21, 2022, provided the reporting person remains employed by the Issuer through the vesting date.
- 2. Reflects common shares surrendered to the Issuer to satisfy tax withholding obligations in connection with the vesting of the restricted common shares described above.

## Remarks:

/s/ Anita Cooke Wells, Attorney-in-Fact

05/04/2021

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.