Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT
obligations may continue. See	

OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Hale Leslie D.					2. Issuer Name and Ticker or Trading Symbol RLJ Lodging Trust [RLJ]										ationship k all app Direc	*		rson(s) to Is		
	(Last) (First) (Middle) C/O RLJ LODGING TRUST 3 BETHESDA METRO CENTER, SUITE 1000						3. Date of Earliest Transaction (Month/Day/Year) 02/17/2022									er (give title v) President			specify	
(Street) BETHES (City)			0814 Zip)		4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Table	I - No	n-Deriva	tive S	Secui	rities	Acc	uired	l, Dis	posed of	, or B	enefic	ially	own	ed				
Date				2. Transact Date (Month/Day	Exec //Year) if any		Deemed ecution Date, ny onth/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			4 and Secur Bene Owne		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
							Code	v	Amount	(A) (D)	Pric	е	Report Transa (Instr. :	action(s) 3 and 4)			(Instr. 4)			
Common Shares 02/17.					022)22			A		156,044(1) D	\$1	5.22	22 1,378,408			D		
Common Shares 02/21/20					022)22					1,332(2)	1,332 ⁽²⁾ D \$		4.86	86 1,377,076			D		
Common Shares 02/22/20					022				F		1,110 ⁽²⁾	D	\$1	\$14.86		1,375,966		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		if any	eemed tion Date, n/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/V		ate	7. Title Amou Securi Under Deriva Securi 3 and	nt of ities lying itive ity (Instr.	Dei Sec (Ins	. Price of Perivative Pecurity Pecurity Pecurity	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficia Ownership (Instr. 4)	
					Code	Code V (A) (D)				Expiration Date	Title	of Shares								

Explanation of Responses:

- 1. These restricted shares, vesting ratably over three years on the yearly anniversary of the date of grant, were granted to the reporting person pursuant to the RLJ Lodging Trust 2021 Equity Incentive
- 2. Reflects common shares surrendered to the Issuer to satisfy tax withholding obligations in connection with the vesting of restricted common shares.

/s/ Anita Cooke Wells, 02/22/2022 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.