FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL												
OMB Number:		3235-028										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OWB 74 1 14	O V/ \L						
OMB Number: 3235-0287							
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hours per response:	0.5						

City   State   City   State   City   State   City   State   City   Cit	1. Name and Address of Reporting Person*  LA FORGIA ROBERT M					2. Issuer Name <b>and</b> Ticker or Trading Symbol RLJ Lodging Trust [ RLJ ]											ip of Reporting Person(s) to oplicable) octor 10%		(s) to Is			
4. If Amendment, Date of Original Filed (Month/Day/Year)  (Street) BETHESDA MD 20814  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  1. Title of Security (Instr. 3)  2. Transaction (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Instr. 4)  2. Transaction (Month/Day/Year)  (Month/Day/Year)  (Instr. 4)  2. Transaction (Month/Day/Year)  (Month/Day/Year)  (Instr. 4)  2. Transaction (Instr. 4)  2. Transaction (Month/Day/Year)  (Month/Day/Year)  (Instr. 4)  2. Transaction (Instr. 4)  3. Transaction (Instr. 4)  4. Securities Acquired (A) or Disposed of, or Beneficially Owned Fellowing Reported Transaction(Instr. 4)  3. Transaction (Instr. 4)  4. Sprice of Derivative Securities  3. Transaction (Instr. 4)  3. Transaction (Instr. 4)  4. Sprice of Derivative Securities  4. Securities Acquired (A) or Disposed of, or Beneficially Owned (Instr. 4)  3. Transaction (Instr. 4)  4. Sprice of Derivative Securities  4. Securities Acquired (A) or Disposed of, or Beneficially Owned (Instr. 4)  4. Transaction (Instr. 4)  4. Sprice of Disposed of, or Beneficially Owned (Instr. 4)  4. Transaction (Instr. 4)  4. Transacti	C/O RLJ	LODGING	TRUST	,			` ' '															
City   (State   Cip)	3 BETHE	ESDA MET	RO CENTER, S	SUITE 10	000	4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Year) Securities Acquired (A) or Code (Instr. 4)  2. Transaction Date (Month/Day/Year) Securities Acquired (B) or Date (Instr. 3)  2. Transaction Date (Month/Day/Year) Securities Acquired (B) or Date (Instr. 3)  3. Transaction (B) (Instr. 3)  4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 4, 42,721  D  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (B) or Disposed	l ` ′	DA M	D 2	20814												X	Form filed by More than One Reporting					
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Year) (Month/Day/Year)  2. Transaction Date (Month/Day/Year) (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  3. Transaction (D) (Instr. 3, 4 and 5)  4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)  4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)  5. Amount of Securities Beneficially Owned Fransaction (Instr. 4)  6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)  7. Title of Derivative Securities)  1. Title of Derivative Securities  2. Conversion or Exercise Price of Date (Month/Day/Year)  (Instr. 3)  3. Transaction Date (Month/Day/Year)  4. Transaction Date (Month/Day/Year)  4. Transaction Date (Month/Day/Year)  6. Date Exercisable and Expiration Date (Month/Day/Year)  6. Date Exercisable and Expiration Date (Month/Day/Year)  8. Price of Derivative Securities  9. Number of derivative Securities Deneficially Owned (Month/Day/Year)  1. Title of Derivative Securities  1. Transaction Or Date (Month/Day/Year)  1. Nature (I) (Instr. 4)  2. Conversion or Exercise Promise (Month/Day/Year)  2. Conversion or Exercise Promise (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  4. Securities Acquired (A) or Price (D) (Instr. 3)  5. Amount of Securities (I) (Instr. 4)  8. Price of Derivative Securities (I) (Instr. 4)  9. Number of derivative Securities (I) (Instr. 4)  9. Number of derivative Securities (I) (Instr. 4)  1. Nature (I) (Instr. 4)	(City)	(St	ate) (	Zip)																		
Date (Month/Day/Year)   Execution Date, if any (Month/Day/Year)   Exec			Tabl	e I - Noi	n-Deriv	ative	Sec	curitie	s Acc	uired,	Dis	posed o	f, o	r Ben	efici	ally	Owne	ed				
Common Shares    Code   V   Amount   (A) or (D)   Price   Transaction(s) (Instr. 3 and 4)	Date					Execution Date ay/Year) if any		ecution Date, ny		Transaction Disposed Code (Instr. 5)					and Sec Ber Ow		ties cially d Following	Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  1. Title of Derivative Security (Instr. 3) or Exercise Price of Derivative Security (Instr. 3)				Code	v			Amount			Price		Transaction(s)				(1130.4)					
1. Title of Derivative Security (Instr. 3)  1. Title of Derivative Security (Security Security Securit	Common Shares 05/07.					5/07/2018						5,193(1	1) A \$2		\$21	1.18 42,721		2,721	D			
Derivative Security (Instr. 3)  Instr. 3)  Date (Month/Day/Year)  Date (Month/Day/Year)  Date (Month/Day/Year)  Date (Month/Day/Year)  Date (Month/Day/Year)  Date (Month/Day/Year)  Derivative Securities (Month/Day/Year)  Derivative Security (Instr. 3 and 4)  Derivative Security (Instr. 3 and 4)  Derivative Securities Security (Instr. 3 and 4)  Amount of Securities Securit																						
	Derivative Conversion or Exercise (Instr. 3) Price of Derivative Conversion or Exercise (Month/Day/Year) Execution Date, if any (Month/Day/Year) 8			Transa Code (	ansaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4		Expiration Date (Month/Day/Year)			Amount of Securities Underlying Derivative Security (Instr. and 4)		ount	Deri Secu	rivative curity str. 5)	derivative Securities Beneficially Owned Following Reported Transaction(	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	: ct (D) direct	11. Nature of Indirect Beneficial Ownership (Instr. 4)				

## **Explanation of Responses:**

1. These restricted shares, vesting ratably on the first four quarterly anniversaries of the date of grant, were granted to the reporting person pursuant to the RLJ Lodging Trust 2015 Equity Incentive Plan.

## Remarks:

/s/ Anita Cooke Wells, 05/09/2018 Attorney-in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.