



RLJ Lodging Trust Sets Dates for Third Quarter 2019 Earnings Release and Conference Call

October 7, 2019

BETHESDA, Md.--(BUSINESS WIRE)--Oct. 7, 2019-- RLJ Lodging Trust (the "Company") (NYSE: RLJ) today announced it will report financial results for the third quarter ended September 30, 2019, after the markets close on November 7, 2019. The Company will also host a conference call on November 8, 2019, at 10:00 a.m. (Eastern Time).

The Company recommends that you dial in approximately 10 minutes before the call. The conference call can be accessed by dialing (877) 407-3982 or (201) 493-6780 for international participants and requesting RLJ Lodging Trust's third quarter earnings conference call.

A replay of the call will be available from 1:00 p.m. (Eastern Time) on November 8, 2019, until midnight (Eastern Time) on November 22, 2019. The replay can be accessed by dialing (844) 512-2921 or (412) 317-6671 for international callers, and entering pin number 13695053.

A live webcast of the conference call will also be available online at the Company's website, <http://www.rjlodgingtrust.com>. A replay of the webcast will be archived and available online through the Company's Investor Relations section.

About Us

RLJ Lodging Trust is a self-advised, publicly traded real estate investment trust that owns premium-branded, high-margin, focused-service and compact full-service hotels.

For additional information or to receive press releases via email, please visit our website: <http://www.rjlodgingtrust.com>

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Source: RLJ Lodging Trust

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