

RLJ Lodging Trust Sets Dates for Third Quarter 2018 Earnings Release and Conference Call

October 12, 2018

BETHESDA, Md.--(BUSINESS WIRE)--Oct. 12, 2018-- RLJ Lodging Trust (the "Company") (NYSE: RLJ) today announced it willreport financial results for the third quarter ended September 30, 2018, after the markets close on November 6, 2018. The Company will also hosta conference call on November 7, 2018, at 9:00 a.m. (Eastern Time).

The Company recommends that you dial in approximately 10 minutes beforethe call. The conference call can be accessed by dialing (877) 407-3982or (201) 493-6780 for international participants and requesting RLJLodging Trust's third quarter earnings conference call.

A replay of the call will be available from 12:00 p.m. (Eastern Time) onNovember 7, 2018, until midnight (Eastern Time) on November 22, 2018. The replay can be accessed by dialing (844) 512-2921 or (412) 317-6671 for international callers, and entering pin number 13684044.

A live webcast of the conference call will also be available online atthe Company's website, http://www.rljlodgingtrust.com. A replay of the webcast will be archived and available online throughthe Company's Investor Relations section.

About Us

RLJ Lodging Trust is a self-advised, publicly traded real estateinvestment trust focused on owning premium-branded, focused-service and compact full-service hotels. The Company's portfolio consists of 151hotels with approximately 29,180 rooms located in 25 states and the District of Columbia and an ownership interest in one unconsolidatedhotel with 171 rooms.

For additional information or to receive press releases via email, please visit our website: http://www.rlilodgingtrust.com

View source version on businesswire.com: https://www.businesswire.com/news/home/20181012005226/en/

Source: RLJ Lodging Trust

RLJ Lodging Trust Sean Mahoney, 301-280-7774 ExecutiveVice President and Chief Financial Officer